



# TOBACCO FREE FOR LIFE PROGRAM

## October 2016 – March 2017



### Washington County Health Department Hagerstown, MD

All classes will be held at  
925 N. Burhan's Blvd.-  
Room 181 - unless noted\*.

**\* SUPPORT GROUP:** Offered  
in between regular classes  
every Monday & Thursday from  
11:00 A.M. TO 12:00 NOON  
& 5:30 P.M. TO 6:30 P.M.  
All Support Classes held at  
925 North Burhan's Blvd.  
**EVERYONE IS WELCOME!**

Funding for this Program is Provided by the  
Cigarette Restitution Fund.

You have the right to language  
interpretation assistance at no cost to you.

Class Dates	Time	Provider	*Other Location
<u>Twice per week on Mondays &amp; Thursdays</u> Oct. 3 – Oct. 6 – Oct. 13 – Oct. 17	11:00 a.m. – 12:00 noon	Paula Ernst	
<u>Twice per week on Mondays &amp; Thursdays</u> Oct. 3 – Oct. 6 – Oct. 13 – Oct. 17	5:30 p.m. – 6:30 p.m.	Paula Ernst	
<u>Once per week on Mondays</u> Oct. 17–Oct. 24–Oct. 31–Nov. 7–Nov. 14–Nov. 21	3:30 p.m. – 4:30 p.m.	Paula Ernst	Robinwood Med. Ctr. Room 122B
<u>Twice per week on Mondays &amp; Thursdays</u> Nov. 7 – Nov. 10 – Nov. 14 – Nov. 17	11:00 a.m. – 12:00 noon	Paula Ernst	
<u>Twice per week on Mondays &amp; Thursdays</u> Nov. 7 – Nov. 10 – Nov. 14 – Nov. 17	5:30 p.m. – 6:30 p.m.	Paula Ernst	
<u>Twice per week on Mondays &amp; Thursdays</u> Dec. 5 – Dec. 8 – Dec. 12 – Dec. 15	11:00 a.m. – 12:00 noon	Paula Ernst	
<u>Twice per week on Mondays &amp; Thursdays</u> Dec. 5 – Dec. 8 – Dec. 12 – Dec. 15	5:30 p.m. – 6:30 p.m.	Paula Ernst	
Twice per week on Mondays & Thursdays Jan. 9 – Jan. 12 – Holiday - Jan 19 – Jan 23	11:00 a.m. – 12:00 noon	Paula Ernst	
Twice per week on Mondays & Thursdays Jan. 9 – Jan. 12 – Holiday - Jan 19 – Jan 23	5:30 p.m. – 6:30 p.m.	Paula Ernst	
Twice per week on Mondays & Thursdays Feb. 6 – Feb. 9 – Feb. 13 – Feb. 16	11:00 a.m. – 12:00 noon	Paula Ernst	
Twice per week on Mondays & Thursdays Feb. 6 – Feb. 9 – Feb. 13 – Feb. 16	5:30 p.m. – 6:30 p.m.	Paula Ernst	
Twice per week on Mondays & Thursdays March 6 – March 9 – March 13 – March 16	11:00 a.m. – 12:00 noon	Paula Ernst	
Twice per week on Mondays & Thursdays March 6 – March 9 – March 13 – March 16	5:30 p.m. – 6:30 p.m.	Paula Ernst	

**For Information or to Register for Classes**  
**Call 240-313-3310 – (TDD/TTY 240-313-3391)**

