

FREE Quit Tobacco Classes



Where: **Calvert County Health Department**

Starting: **Thursday January 12, 2017** at 6:00pm to 7:00pm
Through March 02, 2017

Starting: **Saturday January 14, 2017** at 9:00am to 10:00am
Through March 04, 2017

One Hour A Week For Eight Weeks-Free Quit Aids

Call to register 410.535.5400 ext. 359 or

Visit WWW.CalvertHealth.org for more information.

FREE Phone Support call 1-800-QUIT-NOW

Paid for by Maryland Cigarette Restitution Fund

