

PREGNANT & SMOKING?



**The Maryland Tobacco Quitline
is here to help. Call today!**

- Call Quit Coaches 24/7
- Get extra help online and by text message
- Earn gift cards* for calling while pregnant and after your baby is born

*While supplies last



Maryland's SmokingStopsHere.com

1-800  **QUIT NOW**

A tobacco-free life is just a phone call away

1-800-784-8669

**ALL SERVICES ARE
PRIVATE AND FREE**

