



# TOBACCO FREE FOR LIFE PROGRAM

## January 2018 – May 2018



	Class Dates	Time	*Other Location		
<p><b>Washington County Health Department Hagerstown, MD</b></p> <p><i>All classes will be held at 925 N. Burhan's Blvd.- Room 181 - unless noted*.</i></p> <p><b>* <u>SUPPORT GROUP:</u> Offered in between regular classes every Monday &amp; Thursday from 11:00 A.M. TO 12:00 NOON &amp; 5:30 P.M. TO 6:30 PM. All Support Classes held at 925 North Burhan's Blvd. EVERYONE IS WELCOME!</b></p> <p>Funding for this Program is Provided by the Cigarette Restitution Fund.</p> <p><u>You have the right to language interpretation assistance at no cost to you.</u></p>	Twice per week on Mondays & Thursdays Jan. 8 – Jan. 11 – Holiday – Jan. 18 – Jan. 22	11:00 a.m. – 12:00 noon		<p><b>All Classes are facilitated by Paula Ernst Community Health Educator</b></p> <p><a href="mailto:paula.ernst@maryland.gov">paula.ernst@maryland.gov</a></p> <p><b>240-313-3418</b></p>	
	Twice per week on Mondays & Thursdays Jan. 8 – Jan. 11 – Holiday – Jan. 18 – Jan. 22	5:30 p.m. – 6:30 p.m.			
	Twice per week on Mondays & Thursdays Feb. 5 – Feb. 8 – Feb. 12 – Feb. 15	11:00 a.m. – 12:00 noon			
	Twice per week on Mondays & Thursdays Feb. 5 – Feb. 8 – Feb. 12 – Feb. 15	5:30 p.m. – 6:30 p.m.			
	<b>Through with Chew – February 19-25 (Third Full Week)</b>				
	Once per week on Mondays Feb. 26 – March 5 – March 12 – March 19	3:30 p.m. – 4:30 p.m.	Robinwood Medical Ctr. Room 122 A		
	Twice per week on Mondays & Thursdays March 5 – March 8 – March 12 – March 15	11:00 a.m. – 12:00 noon			
	Twice per week on Mondays & Thursdays March 5 – March 8 – March 12 – March 15	5:30 p.m. – 6:30 p.m.			
	Twice per week on Mondays & Thursdays April 2 – April 5 – April 9 – April 12	11:00 a.m. – 12:00 noon			
	Twice per week on Mondays & Thursdays April 2 – April 5 – April 9 – April 12	5:30 p.m. – 6:30 p.m.			
	Twice per week on Mondays & Thursdays May 7 – May 10 – May 14 – May 17	5:30 p.m. – 6:30 p.m.			
	Twice per week on Mondays & Thursdays May 7 – May 10 – May 14 – May 17	5:30 p.m. – 6:30 p.m.			

**For Information or to Register for Classes  
Call 240-313-3310 – (TDD/TTY 240-313-3391)**

